

Health - Games

“Slip Slop Slap” Relay

Each team needs a man’s shirt, a bowl of water and a wide brimmed hat

- Each team lines up behind a chair with the shirt, hat and bowl of water on it.
- The first girl puts on the man’s shirt (Slip on a shirt), puts some water on her nose (Slop on sunscreen) and puts on the wide brimmed hat (Slap on a hat)
- She runs down the hall around a marker and back to the chair and takes off the hat and shirt
- Next girl has a turn and so on until all girls have completed the relay.