

# Child care

## Week 1:

1. Discuss great responsibilities involved in caring for young children; for example
  - a. They need constant supervision
  - b. They need to feel they are loved
  - c. Completely dependant on older people for their needs
2. Read and study the story of Samuel
  - a. Was an answer to believing prayer
  - b. Returned to God by mother
  - c. Called by God for Life
3. Discuss normal daily routine for a baby, correct handling and safety for babies.

A mother and Baby to visit for bath and feed time.

## Week 2:

1. discuss what special part of God's world that children are and their great need for love and affection for normal growth and development.
2. Find references of Jesus' contact with children during his ministry on earth

Eg: "Let the Children Come to Me"	Matt 19:14
"He took the Children in His Arms	Mark 10:16
Jairus Daughter	Matt 9:18
3. The importance of giving Toddlers extra attention when in your care. This is a dangerous age as they are starting to become very active and can quickly get into dangerous situations.

Start Knitting a toy or making a story book for a small child.

## Week 3:

1. Discussion on feeding children
  - a. Cleanliness and sterilising for babies
  - b. Suitable foods for different ages
  - c. Safety precautions to prevent choking, burns etc.
  - d. Nutritional food for good growth and good health
2. Study feeding of 5,000
  - a. The Lord's concern for others, despite his tiredness.
  - b. We must be willing to give our all to the Lord and for the benefit of others

Work on Toys or books

**Week 4:**

1. Talk about normal development from toddler to pre-schooler, and the dangers as they become more independent and try new skills they may not be able to manage very well.
2. Look for references on Christian growth and how this can be strived for. Eg. prayer, Gods Word, Fellowship
3. Girls to prepare small worship session to present to the Cadets in pairs and each to take a turn on the crèche roster at their Church

**Week 5:**

1. Talk about suitable activities and the dangers that exist
  - a. Safe activities inside and outside
  - b. Necessary safety precautions for swings, slides etc.
  - c. Extra care required for caring for children near water. Drowning is very silent and can be only in small amounts of water, buckets, bowls, bath
2. Discussion on suitable TV, Books, Movies, Games and the activities we take part in. What things are filling our minds? "Whatever is right, whatever is pure, whatever is lovely".  
We should not be doing anything that we would be ashamed of if the Lord was our guest

Continue with the toys or books

**Week 6:**

1. Talk about groups working for the welfare of Children; Starlight Foundation, World Vision
2. Visit Children's Ward of the Hospital with little gifts
3. Discuss common problems and illnesses of Children
4. Discuss different situations and know emergency procedure

**Week 7:**

1. Spend evening in private homes of Church people with children assisting with meal time, bath time and story time at bed time
  - a. Girls to prepare something nutritious as part of the meal
  - b. Read and prepare story beforehand and be prepared for any questions that the children may have.